INDIAN BODY BUILDERS FEDERATION Recognised by :

Ministry of Youth Affairs & Sports, Government of India Sports Authority of India

Presents

WORLD BODY BUILDING AND PHYSIQUE SPORTS CHAMPIONSHIP 2014 - MUMBAI, INDIA

5th - 10th December 2014, Bombay Exhibition Centre, Goregaon, Mumbai Under the Aegis of World Body Building & Physique Sports Federation

NSPECTIONIREPOR



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WBPF WORLD BODYBUILDING AND PHYSIQUE SPORTS CHAMPIONSHIPS

FOR MEN AND WOMEN & ANNUAL CONGRESS



World Bodybuilding and Physique Sports Federation

MESSAGE FROM THE DESK OF THE PRESIDENT WBPF AND IBBF

Dear participants, organizers and the officials coming to the historic city of Mumbai and the Executive Council Members of the WBPF, ABBF and the IBBF!

This is a proud occasion for all of us on board to celebrate the World Championship of our sport bodybuilding in the historic and beautiful city of Mumbai.

Mumbai is rated as one of the most progressive cities in Asia and the commercial capital of our country, India.

2014 December, the world shall witness the biggest event of bodybuilding in the World to be participated by over 100 countries from across the continents of Asia, Europe, South America and Africa, from bodybuilders to officials and supporters making this event an historical event and the fame of this great event across the world.

On this occasion I congratulate first and foremost the father of modern bodybuilding Honorable Datuk Paul Chua, the Secretary General ABBF & WBPF for bringing several nationalities under one umbrella of sports and harmony and forming a huge family called ABBF & WBPF.

I also salute the organizing spirit of the organizers of our Maharashtra Body Building Association and the sponsors on behalf of the bodybuilding fraternity from all around the world.

Kudos to the hardwork of the Executive Director Ms Christina Y Kam, for bringing us a clean championships over decades and all the best to all the bodybuilders, officials and supporters to the city of Mumbai.

God bless the sport of bodybuilding

Pradeep Baba Madhok President **World Bodybuilding and Physique Sports Federation**



WBPF WORLD BODYBUILDING

AND PHYSIQUE SPORTS CHAMPIONSHIPS FOR MEN AND WOMEN & ANNUAL CONGRESS 5th – 10th December, 2014 Mumbai, India



Datuk Paul Chua Secretary-General & Founder Member World Bodybuilding & Physique Sports Federation

The Indian Body Builders Federation (IBBF) can be justifiably proud for having been given the honour of staging the 6th World Bodybuilding and Physique Sports Championship and Congress in December 5th to 9th 2014, in the metropolitan city of Mumbai, India. This championship will assemble together some of the strongest men and women from all over the world. Their presence will, no doubt, be an inspiration to many youths in India to take to the sport.

Staging a championship of this magnitude, in which competitors from all over the world are represented, requires tremendous organisational ability, time and technical know-how. I am confident that the leaders of the IBBF particularly President, Pradeep (Baba) Madhok and General Secretary, Chetan Pathare, Organizing Chairman Mr. Madhukar Talwalkar and Organizing Secretary, Mr. Vikram Rothe, and their entire team will leave no stones unturned in making the championship a success and an enjoyable experience for all.

In the last 5 years, Indian Body Builders Federation, has made tremendous progress and garnered many gold medals for their nation. The Indian Body Builders Federation has been given the recognition by their Ministry of Youth Affairs & Sports, Government of India, Sports Authority of India.

The WBPF family is looking forward to be in Mumbai in December to enjoy the great hospitality and friendship from the people of India. I am sure that INDIA will organize a great competition.

On behalf of the WBPF Executive Council members, I wish to take this opportunity in wishing the organizers a great success and a splendid championship.

Datuk Paul Chua Secretary-General & Founder Member World Bodybuilding & Physique Sports Federation



5th – 10th December, 2014 Mumbai, India



Shri Gajanan Kirtikar (Member of Parliament) Chief Patron - Organising Committee

Dear Members of World Body Building and Physiques Sports Federation.

I am glad and honoured to be appointed as the Chief Patron of 6th World Body Building and Physique Sports Competition, 2014. I still remember the sweet memories of the 1st South Asian Body Building Championship under the aegis of ABBF, in the year 2000 at Nashik in Maharashtra.

Once again I am eager to welcome you all to Mumbai, Maharashtra for the forthcoming 6th World Body Building and Physique Sports Competition, 2014. My association with Body Building Federation at National and International Level is more than 20 years. It was a great pleasure to meet old friends, Datuk Paul Chua after so many years when they visited Mumbai as members of the WBPF Inspection Team.

The Indian Body Builders Federation is a Government recognized National Sports Federation and is doing a magnificent work for the development of Body Building as a sport in India under the leadership of Mr. Baba Madhok and Mr. Chetan Pathare. Maharashtra and India has produced various National and International athletes in Body Building discipline and the sporting culture in this State is conducive to the development of sportspersons. Yet, it is my dream to strive for the overall development of the athletes in this country and bring them on par with the athletes in the world by providing guidance of International Coach and financial stability by job opportunities in the Governmental undertakings.

We Indians believe in "**ATHITHI DEVO BHAV**" i.e. All the guests are like Gods. Going by the adage we are not only proud to welcome you all in India, but consider it our duty to provide you with the best of the comforts.

The entire Body Building fraternity in India is eagerly awaiting your visit and plan to make the show most colourful like the festival of Diwali, Holi, gracious like Christmas and dynamic like Id.

Eagerly awaiting,

Jai Hind ! Jai Maharashtra !!

Yours sincerely,

Gajanan Kirtikar Chief Patron



WBPF WORLD BODYBUILDING AND PHYSIQUE SPORTS CHAMPIONSHIPS

FOR MEN AND WOMEN & ANNUAL CONGRESS

5th – 10th December, 2014 Mumbai, India



Madhukar Talwalkar Chairman - Organising Committee Vice President - IBBF

A Warm Welcome To One And All.

It gives me immense pleasure to share with you the 6th World Body Building & Physique Sports Championship, 2014 to be held between 5th -10th Dec. 2014 at Mumbai (India). Over 50 countries, 500 participants and 200 officials. My sincere thanks to Datuk Paul Chua – Secretary General – WBPF & ABBF, Mr. Pradeep (Baba) Madhok - President IBBF and the officials of WBPF, ABBF & SABBF for the trust and confidence entrusted to our committee. We shall leave no stones behind to make this competition a most remarkable event in the history of body building. A spectacular competition to watch where each Body Builder – Men, Women & Masters carving a niche for themselves.

The need of the hour :

This initiative will enlighten by drawing the line between myths and facts. It is all about getting the awareness of fitness & Body Building which will set examples in the minds of Men & Women to encourage them towards Fitness & Body Building. Fitness is not just for youngster; fitness is meant for all age groups from young to veteran. Their association with fitness will help them on health care front which will lead a healthy and happy life. It is high time now people realize the importance of fitness and its philanthropic bent which will reboot the lifestyle. This will rollback people to absorb. Through this competition one shall actually realize that its time to do something and the paramount importance of Fitness. People have their own fundas to remain fit but with this show a war for Body Building will definitely shake hands in their minds. Their relies upon fitness trend is expected to turn around the complete health care boom in India.

"I have placed my faith to empower people towards Fitness & Body Building".

This is an International platform to watch top Body Builders from across the world turned out to be at one common point showcasing live. A rare chance to watch the stalwarts of Body Building perform at their highest glory. It's a chance for International participants to learn our Indian culture and the heritage walk. The competition captures the rarest to rare experience that will make a truly memorable event and shall epitomize the landscape of Fitness & Body Building in India.

Due care and attention is taken towards logistical support, people management, food, stay and transportation to ensure that their trip is hassle-free. We ensure a very enjoyable and a life time experience.

Climbing the life line graph can be infinitely easier for every individual, provided one has fitness and endurance on their side. Not to forget 'a fit body is always a fit mind' a whole new meaning.

On this note, I wish each one to be present and witness this competitions. I wish to whole heartedly once again thank the World Body Building and Physique Sport Federation for giving us this wonderful opportunity which we will surely live up to everyone's expectations. In other words – It will be an affair to be remembered till eternity.

It's real worth.....

Best Wishes, **MADHUKAR TALWALKAR.**



HOST CITY

Mumbai (also known as Bombay) is the capital city of the Indian state of Maharashtra. It is the most populous city in India, second most populous metropolitan area in India, and the fifth most populous city in the world, with an estimated city population of 18.4 million and metropolitan area population of 20.7 million. It is one of the most populous urban regions in the world. Mumbai lies on the west coast of India and has a deep natural harbour. It is also the wealthiest city in India, being the economic capital of India and has the highest GDP of any city in South, West or Central Asia.

The seven islands that came to constitute Mumbai were home to communities of fishing colonies. For centuries, the islands were under the control of successive indigenous empires before being ceded to the Portuguese and subsequently to the British East India Company.



The Gateway of India is a monument built during the British Raj in Mumbai (formerly Bombay), India. It is located on the waterfront in the Apollo Bunder area in South Mumbai and overlooks the Arabian Sea. The structure is a basalt arch, 26 metres (85 feet) high. It lies at the end of Chhatrapati Shivaji Marg at the water's edge in Mumbai Harbour. It was a crude jetty used by the fishing community which was later renovated and used as a landing place for British governors and other prominent people. In earlier times, it would have been the first structure that visitors arriving by boat in Mumbai would have seen. The Gateway has also been referred to as the Taj Mahal of Mumbai, and is the city's top tourist attraction.

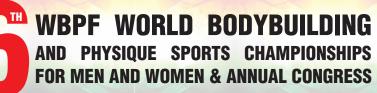


The Elephanta Caves (Marathi: Gharapurichya Lenee) are a network of sculpted caves located on Elephanta Island, or Gharapuri (literally "the city of caves") in Mumbai Harbour, 10 km (6.2 mi) to the east of the city of Mumbai in the Indian state of Maharashtra. The island, located on an arm of the Arabian Sea, consists of two groups of caves the first is a large group of five Hindu caves, the second, a smaller group of two Buddhist caves. The Hindu caves contain rock cut stone sculptures, representing the Shaiva Hindu sect, dedicated to the god Shiva.

The rock cut architecture of the caves has been dated to between the 5th and 8th centuries, although the identity of the original builders is still a subject of debate.







5th – 10th December, 2014 Mumbai, India



Hutatma Chowk ("Martyrs' Square") is the official name of a square in South Mumbai, Maharashtra, India. The square hosts Flora Fountain and was known by that name until 1960. It was officially renamed in 1960 in memory of the members of Samyukta Maharashtra Samiti, who lost their lives when police fired upon their peaceful demonstration. A statue of a "Martyr with a Flame" stands next to Flora Fountain.

Hutatma Chowk is located in the busy financial district of South Mumbai. It derives its present name from an incident in 1960 when a peaceful demonstration by the Samyukta Maharashtra Samiti (United Maharashtra Committee) was fired upon by the police resulting in 105 deaths. The incident was part of ongoing struggles of the Samyukta Maharashtra

Samiti, amongst others, for the creation of the State of Maharashtra. The shooting proved to be a major impetus for the creation of Maharashtra on May 1, 1960.



Siddhivinayak (Ganpati) Temple



Mumbadevi Temple



Mahalakshmi Temple



Haji Ali Dargah



Famous Religious Places in Mumbai

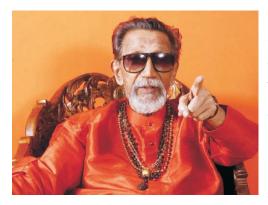
Chhatrapati Shivaji Maharaj



Chhatrapati Shivaji Raje Bhosale was born in the hill-fort of Shivneri, near the city of Junnar in Pune district in the year 1630. He was an Indian warrior king and a member of the Bhonsle Maratha clan. Shivaji, in 1674, carved out an enclave from the declining Adilshahi sultanate of Bijapur that formed the genesis of an independent Maratha kingdom with Raigad as its capital. Shivaji established a competent and progressive civil rule with the help of a disciplined military and well-structured administrative organization. He innovated military tactics, pioneering the guerilla warfare methods (Shiva sutra or ganimi Kava), which leveraged strategic factors like geography, speed, and surprise and focused pinpoint attacks to defeat his larger and more powerful enemies. From a small contingent of 2,000 soldiers inherited from his father, Shivaji created a force of 100,000 soldiers; he built and restored strategically located forts both inland and coastal to safeguard his territory. He revived ancient Hindu political traditions and court conventions and promoted the usage of Marathi and Sanskrit, rather than Persian, in court and administration.

Shivaji's legacy was to vary by observer and time but began to take on increased importance with the emergence of the Indian independence movement, as many elevated him as a proto-nationalist and hero of the Hindus.

Hinduhrudaysamrat Shri Balasaheb Thackeray



Shri Bal Keshav Thackeray (23 January 1926 – 17 November 2012) was an Indian politician who founded the Shiv Sena, a right-wing Marathi ethnocentric party active mainly in the Western Indian state of Maharashtra. His followers called him the Hindu Hriday Samraat ("Emperor of Hindu Hearts").

Shri Thackeray began his professional career as a cartoonist with the English language daily The Free Press Journal in Mumbai, but left it in 1960 to form his own political weekly Marmik. His political philosophy was largely shaped by his father Keshav Sitaram Thackeray, a leading figure in the Samyukta Maharashtra movement (United Maharashtra movement), which advocated the creation of a separate linguistic state of

Maharashtra. Through Marmik, he campaigned against the growing influence of non-Marathis in Mumbai. In 1966, Shri Thackeray formed the Shiv Sena party to advocate the place of Maharashtrians in Mumbai's political and professional landscape. In the late 1960s and early 1970s, Shri Thackeray built the party by forming temporary alliances with nearly all of Maharashtra's political parties. Shri Thackeray was also the founder of the Marathi-language newspaper "Saamana" and the Hindi-language newspaper "Dopahar ka saamana". He was the subject of numerous controversies. Upon his death, he was accorded astate funeral with a large number of mourners present.



5th – 10th December, 2014 Mumbai, India

Economic And Entertainment Capital of India

Mumbai is the financial, commercial and entertainment capital of India. It is also one of the world's top ten centres of commerce in terms of global financial flow, generating 5% of India's GDP and accounting for 25% of industrial output, 70% of maritime trade in India (Mumbai Port Trust & Jawharlal Nehru Port Trust), and 70% of capital transactions to India's economy. The city houses important financial institutions such as the Reserve Bank of India, the Bombay Stock Exchange, the National Stock Exchange of India, the SEBI and the corporate headquarters of numerous Indian companies and multinational corporations. It is also home to some of India's premier scientific and nuclear institutes like BARC, NPCL, IREL, TIFR, AERB, AECI, and the Department of Atomic Energy. The city also houses India's Hindi (Bollywood) andMarathi film and television industry. Mumbai's business opportunities, as well as its potential to offer a higher standard of living, attract migrants from all over India, making the city a melting pot of many communities and cultures.



Bhaba Nuclear Power Centre

Film City

The Airport

Bombay Stock Exchange



Chhatrapati Shivaji International Airport (CSIA) (IATA: BOM, ICAO: VABB), formerly Sahar International Airport, is the primary international airport inMumbai, India, and is named after the 17th-century Maratha emperor, Chhatrapati Shivaji. The Airport's IATA airport code – "BOM" – is derived from Bombay, Mumbai's former name. Chhatrapati Shivaji International Airport is second busiest airport in India, and was ranked 48th busiest airport in world by Airports Council International in 2013.]The airport has five operating terminals spread over an operational area of 1,160 hectares (2,900 acres). In 2011, the airport was ranked the third-best in the world in the 25–40 million passengers category by Airports Council International. It is situated in the suburb of Santa Cruz and the Sahar

neighbourhood of Andheri suburb in the pincode area of 400099

Important notice: Please arrive at the airport two hours prior to the departure of your flight.

Airport Shuttle Service

We will be providing free to and fro shuttle Bus service between Airport and the Hotel for the Athletes, Delegates, Officials, extra Delegates and family members on 5th December, 2014 and the 10th December, 2014.

For the Executive Committee of the WBPF the same service would be provided on 4th December, 2014 and 10th December, 2014.

Pls Note in case of any changes in the travel Plan, information about the same is to be provided to the WBPF Secretariat and the General Secretary of IBBF atleast 15 days in advance.



5th – 10th December, 2014 Mumbai, India

HOTEL & ACCOMODATION TO OFFICIALS, DELEGATES & SUPPORTERS The Leela Hotel, Mumbai

Sahar, Near International Airport, Mumbai 400059 T. +91 (22) 6691 1234 F. +91 (22) 6691 1212

The Leela Palaces, Hotels and Resorts is owned and managed by Hotel Leelaventure Limited which was established in 1983 in Mumbai. The company is a part of The Leela Group whose portfolio includes hotel and resort properties; IT and business parks; as well as, real estate development.

The Group was founded by Late Capt. C. P. Krishnan Nair, Chairman Emeritus and Founder Chairman of Hotel Leelaventure Limited, who envisioned The Leela as one of the finest Indian luxury hospitality brands. Under his leadership, within a short span of 25 years, the Group has evolved from one hotel, on the outskirts of Mumbai, into a range of eight award-winning properties across the country that celebrate India's diverse geography and architectural history. In the process, The Leela redefined standards of luxury hospitality.

From the start, The Leela has been on a continuous journey to delight each traveller. The Leela's goal is to



provide the most demanding guests with memorable and magical stays that deliver the essence of India. The signature promise that binds the Group's underlying philosophy is laid down in the ancient Indian scriptures as 'Atithi Devo Bhava or 'Guest is God'. This outstanding experience has been recognized with numerous prestigious awards and accolades.

Currently, The Leela owns and operates eight properties in prime urban cities and magical holiday destinations - Mumbai, Goa, Bangalore, Kovalam, Udaipur, Gurgaon, New Delhi and Chennai. Other Leela properties under

development include Jaipur; Bangalore at Bhartiya city near the international airport; Agra, where every room will face The Taj Mahal and Lake Ashtamudi in Kerala near The Leela Kovalam resort.

Whether it is a business meeting being conducted at any one of The Leela hotels or a holiday at one of its famed resorts, a guest can be assured of a stay that is truly unique and exceptional.





WBPF WORLD BODYBUILDING AND PHYSIQUE SPORTS CHAMPIONSHIPS

FOR MEN AND WOMEN & ANNUAL CONGRESS

5th – 10th December, 2014 Mumbai, India

DINING The Leela Hotel, Mumbai

DINING

The Leela Mumbai is home to some of the city's finest dining. Indian, Chinese and continental cuisines are all on the menu. Innovative. Contemporary. Traditional.



Citrus is just the spot for a light breakfast, casual lunch, afternoon tea, or leisurely dinner. Don't miss the international buffet or lavish Sunday brunch. There's always something new and fresh coming out of the show kitchen. **HOURS**: Open 24 hours **Location**: Lobby level



Jamavar is the ultimate Indian dining experience providing the best from northern and southern India. Tender kebabs to rich curries. The ambience is warm and inviting with handcarved wooden screens and flower laden urlis with floating candles. Traditional. Authentic. Outstanding. HOURS: Dinner: 7.00 pm to Midnight Location: Lobby Level







Le Cirque Signature offers the signature and most popular specialties from the brand's fabled restaurants around the world along with new creations for Mumbai epicures. A French-Italian specialty showcase, highlights of the menu includes classic Le Cirque dishes such as Lobster salad, Spaghetti Primavera, Paupiette of black bass and Doversole.

HOURS: Dinner: 6.30 pm to midnight Location: 8th floor

Six Degrees Vibrant music, small plates and expertly crafted cocktails define Six Degrees, the cosmopolitan bar at The Leela Mumbai. Revitalise your spirit with the lively atmosphere, contemporary décor and floor-to-ceiling selection of premium beverages. Mingle with the international crowd at the bar or step out to unwind as you sip your drink on our spacious poolside terrace.

HOURS: Dinner: 5.00 pm to 1.30 am Location: Lobby Level

The Great Wall goes a long way towards creating the perfect Chinese restaurant experience. Specialist chefs, restaurant design and artworks all evoke the spirit of China. The garden setting is sensational. HOURS: Lunch: 12.30 pm to 3.00 pm Dinner: 7.00 pm to Midnight Location: Lower Lobby Level



5th – 10th December, 2014 Mumbai, India

HOTEL & ACCOMODATION TO ATHLETES, TEAM MANAGERS & COACH The Grand Sarovar Premium, Sarovar Portica, Mumbai

Grand Sarovar Premiere, Mumbai

Veer Savarkar Flyover, S.V. Road, Goregaon (West), Mumbai - 400 062. India Phone: +91-22-4215 8000, 2871 8000 Fax: +91-22-2871 8001



Strategically located in Goregaon West, the heartthrob of Mumbai's commercial and IT centres, Grand Sarovar Premiere is a 5 star business hotel that meets all your requirements. The international and domestic airports are a short, time-saving drive away. Important corporate parks like Mindspace, Nirlon Complex, Techniplex, Infinity Park and the Bombay Exhibition Centre can be reached in minutes. A business centre and 2 halls offer the latest conferencing and banqueting services. While 98 spacious rooms, the rooftop swimming pool, fitness centre, 2 multi-cuisine restaurants and

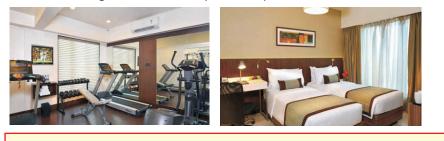




Residency Sarovar Portico, Mumbai

Opposite Techniplex Complex, Off S V Road, Goregaon (West), Mumbai - 400062. India P: +91-22-4287-1000, +91-22-2878-1100 F: +91-22-4287-1050

Strategically located in Goregaon West, the heartthrob of Mumbai's commercial and IT centres, Residency Sarovar Portico is a highly recommended 4 star business hotel that meets all your requirements. The international and domestic airports are a short, time-saving drive away. Important corporate parks like Mindspace, Nirlon Complex, Techniplex, Infinity Park and the Bombay Exhibition Centre can be reached in minutes. A business centre and 4 halls offer the latest conferencing and banqueting services. While 71 spacious well equipped rooms and suites, a gymnasium and Tea Lounge offer much required respite after work. Wi-Fi is free.





IMPORTANT NOTICE!

Additional days or meals must be paid individually and has to be requested in advance. Room reservation must be sent through the office of your National Federation and should be copied to the WBPF Secretariat and the General Secretary (ibbf_mumbai@yahoo.in) well before the above mentioned deadline, which is 15th November, 2014. Only these reservations will be accepted and registered!



Hotel Security Deposit

A hotel security deposit of 100 Dollars per person is required upon check-in for incidental and personal expenses that may arise (telephone, minibar, laundry, room services etc.). The unused portion of this deposit will be refunded at check-out in the same currency as remitted. In order to facilitate matters, the Chief Delegate or Team Manager will be asked to provide a Credit Card or Cash to cover the deposit for the entire team. This individual will be fully responsible for all expenses incurred by any members of his or her team.

IMPORTANT NOTICE!

Please advise your team before departure not to incur additional expenses.

Extra Officials

Any judges, coaches or trainers who are not official participants (Athletes or Delegates) will be responsible for all of their own expenses.

If your National Federation wishes to bring a judge, coach or trainer, it is recommended that your National Federation select this individual to be an Official Delegate for your National Federation, otherwise, this individual will be responsible for all of his/her own expenses. This ruling also applies to family members. NO EXCEPTION WILL BE MADE UNDER ANY CIRCUMSTANCES.

Venue Of Competition

Date Venue		5th to 10th Decemmber 2014 – Mumbai- India Hall No. VI, Bombay Exhibition Centre, (pre-judging & finals). Western Express Highway, Goregaon (E), Mumbai. Fully airconditioned (pre-judging and finals).
Hotel for Officials, Delegates & Supporters	:	The Hotel Leela, Mumbai
Hotel for Athletes, Team Manager & Coach	:	Grand Sarovar Premiere, Mumbai Residency Sarovar Portico, Mumbai

Official And Athletes Registration Fees

The total amount is USD 225 for each person for the duration of 5 nights stay in a twin bedded sharing room. We have package price only!

This fee includes hotel accommodation, 3 meals per day, shuttle to and from airport to hotel and to competition venue and farewell party.

The price of the double rooms (USD 225 / 5 nights per person x 2 persons = USD 450) includes 1 person staying in the room, together with another.

Single room price: USD 750 / 5 days. These prices are available for the officials and delegates as well.

Extra Delegates, Officials And Supporters

All extra delegates, extra officials, family and supporters are required to pay as follows for accommodation :

- Single Room
- USD 1000 per person Cash Payment
- Twin Sharing Room USD 750 (USD 750/5 nights per person x 2 persons = USD 1500), Cash payment.

The above charges include airport transfers, 3 meals and farewell party, 5 nights hotel accommodation, Invitee Pass for the pre-judging and finals.



WBPF Executive Committee

WBPF Executive Committee members are exempted from paying the Registration fees, including Patrons and Honorary Life Members. WBPF Executive Committee Members are allowed to be accompanied by their spouse only. Their accommodation, Meals, etc. are on gratis.

IMPORTANT NOTICE!

Standing Committee members with the exception of the Chairman and Secretary of each subcommittee will have to share a twin sharing room.

If a sub-committee member request for a single room, he or she must pay the difference of USD 750 for a single room.

Early Arrivals And Late Departures

Any team or officials arriving early or departing late are required to pay for the extra days per night for a

- standard single room USD 225 each day
- standard double or twin room USD 125 each day
- Inclusive only of breakfast!

Only shuttle service will be provided from the airport and return. Meals on your own, this is excluded from the rate quoted to you.

IMPORTANT NOTICE!

Extra nights: Athletes, delegates, officials, extra delegates and family members will be charged for extra nights above the package rate.

We can not provide airport minibus service for guests who take extra nights, in this case everyone is responsible for their own transport at their own cost.

Payments

Only Cash Payments in USD United States Dollars or Indian Rupees {One Dollar = 62 Rupees Approximately) will be accepted for registration fees.

You may use Credit Card payment in large departmental stores.

It is to be noted by the Guests that Indian Malls/ Departmental stores/ Chemists are not having facitlity of accpeting US Dollars. The Secretariat may arrange for the Currency Exchange depending on the availablity.

Secretariat

The Organising Committee will maintain a Secretariat at the Reception of the hotel from 8.00 AM to 11.00 PM from 4th December - 10th December, 2014. You may obtain information and assistance from the Secretariat.



Weigh-in and Registration

Registration for athletes and Weigh -in will take place at the Hotel Grand Sarovar Premiere, on 6th December, 2014. It is the responsibility of the Chief Delegate or Team Manager to make sure that all athletes are on time for the Weigh-in and Registration. If an athlete is late for the Weigh-in and Registration, that athlete will be disqualified and will have to pay all of his own expenses.

IMPORTANT NOTICE!

- Each athletes must bring his/her passport and posing music to the weigh-in and registration, failing which the athlete weigh-in will not be processed.
- No G-String bikinis are allowed. An athlete must comply with specification sheet attached and they must produce their bikinis for verification and approval for the pre-judging and finals at the weigh-in area. The bikinis will be stamped with a marker as an approval by the Judges Committee.
- During the weigh-in, all female athletes should be properly dressed. NO PYJAMAS OR NIGHT GOWNS are allowed. This is to protect the image of our sport in the event press or VIPs were to be present during the weigh-in, it will put our sport in an awkward position. Please use track suits or a decent dress/jeans.
- At the parade of the nations, if you were to allocate female athletes, she should also appear in a track suit and not in bikini.
- All female athletes are to be reminded that they are participating in a sporting event and not in entertainment venues like night clubs, therefore, we should ask the women to change their behavior when they come on to the stage in the "walk-in" wiggling their rear ends or looking back into the audience when they stand in the quarter turn facing the back of the stage and stretching out their butt and winking at the judges and the audience. This is not a sport presentation and it will be seen as sexual harassment to the public.

Backstage Access / Dressing Room Access

Access to the backstage and/or dressing room areas shall be strictly limited to essential personnel only. Coaches and trainers who assist athletes in the dressing room area must be of the same sex as the athlete they are assisting.

Camera / Video Tape Equipment

Camera and/or video tape equipment shall be strictly prohibited in the backstage and/or dressing room areas except when used by the WBPF authorized media persons and, in any event, these devices shall be strictly prohibited in the dressing room area.

Parade of Nations

National dress code or track suits to be worn by delegates and/or officials taking part in the Parade of Nations. Only one (1) delegate and two (2) two competitors per country must take part in the Parade of the Nations.



Judges

In order to assist the WBPF Judges Committee in their selection of judges for this Championship, please forward your nomination for Judges from your National Federation as soon as possible but no later than 30th October, 2014. Judges must possess an International/Continental recognized judge's card and must produce to the Judges Committee at Mumbai. Please send the nomination to **Mr. Walter den Branden** and C.C. to the WBPF Secretariat in Singapore and the General Secretary of IBBF for record purpose:

Mr. Walter Branden

Chairman - WBPF Judges Committee P.O. Box 204 4566 ae Hulst Netherlands Fax: + 31 114-311-452 E-mail: wbpsfwalter@zeelandnet.nl E-mail: wbpsf.ckam@yahoo.com

Kindly nominate the name of your judges in advance; last minute submission will be rejected. All judges should use a grey suit with the official logo of WBPF and female judges with grey blazer with grey skirt or dress pants.

Entry Pass Card

Entry Pass will be issued to the Weigh-in and backstage area during the Weigh-in, Pre-judging and Finals. It will be distributed at the Judges/Team Managers Meeting as follows: Five (5) or more competitor - two (2) Pass will be issued and less than five (5) competitors, one Entrance Pass will be given.

Media Accreditation

All media accreditation, except local media, shall be controlled by the WBPF. All persons wishing to obtain media accreditation for this event must register with the WBPF by completing and signing the WBPF Media Accreditation Form. The form must be submitted to the WBPF by Email at wbpfsecretary@yahoo.com and ibbf_mumbai@yahoo.in no later than 15th November, 2014.

Athletes Without Delegates

All athletes competing at WBPF World Championships must be members in good standing of their National Federations. Any athlete who arrives without a Delegate must carry an Official Letter of Authorization of Participation from his/her National Federation, failing which the athletes will not be eligible to participate.

Failure To Honour Final Entry Form Deadline

Deadlines are set to assist the Organizer with arranging accommodations, meals, onsite transportation and other Championships activities. A failure to respect these deadlines is a breach of the WBPF rules. If a National Federation fails to respect the deadline written on the Final Entry Form, each "Official Participant" from that federation will be required to pay all of his or her own expenses, including accommodations, meals, onsite transportation, and access to the Pre-Judging, Finals and Farewell Banquet.



Misrepresentation

Misrepresentation is a serious breach of the WBPF Code of Ethics and occurs when an "official" of a National Federation deliberately misrepresents the number of Athletes and Delegates so as to obtain free-of-charge accommodations, meals, onsite transportation, and

access to the Prejudging, Finals and Farewell Banquet, and other amenities at the expense of the Organizer. Part of this misrepresentation may be a false claim that a person is an Athlete only to have that so-called Athlete fail to officially register as a competitor at the Weigh-in or, once having officially

Medical Withdrawal

Once officially registered, no Athlete may withdraw from competition, without the prior approval of the WBPF Judges' Chairman, who has the right to verify the reason for the withdrawal. Any National Federation that fails to seek the prior approval of the WBPF Judges' Chairman before withdrawing an Athlete shall, for that Athlete's non-participation, is fined an amount equal to the Special Package Rate.

Attendance at the WBPF World Congress

All National Federations officially participating in the Championships must attend the Congress meeting, including National Federations with athletes and no delegates. In this case, the athlete must attend and represent his country at the Congress.

Registration Fee

Each official participant (Athletes and Delegates, including delegates without competitors), must pay the Registration Fee of USD 225 per person (in double room with another athlete) to the organizing country. This fee is payable upon arrival to the Organizing Committee before checking into your room.

IMPORTANT NOTICE!

The registration fee is completely seperate from the hotel security deposit.



WBPF WORLD BODYBUILDING

AND PHYSIQUE SPORTS CHAMPIONSHIPS

FOR MEN AND WOMEN & ANNUAL CONGRESS

5th – 10th December, 2014 Mumbai, India

Championship Categories

		Junior	Below 70 Kg
		Junior	Above 70 Kg
			40-49 yrs - Below 80 kg.
		Masters	40-49 yrs - Above 80 kg.
			50-60 yrs
			over 60 yrs
			up to 55 kg Lt. Fly. Wt.
			up to 60 kg Fly Wt
			up to 65 kg Bantam. Wt
BODYBUILDING	MEN		up to 70 kg Light Wt
		Quarter	up to 75 kg Welter
		Senior	up to 80 kg Light Middle Wt.
			up to 85 kg Middle
			up to 90 kg Light Heavy
			100 kg Heavy
			Over 100 Kg Super Heavy
			Overall Champion-WBPF Mr. Universe 2014
	WOMEN	Senior	Open
			up to 170 cm
	MEN	Senior	over 170 cm
FITNESS	WONEN	Quality	up to 165 cm
PHYSIQUE	WOMEN	Senior	over 165 cm
ATHLETIC PHYSIQUE			up to 160 cm (+1 kg)
			up to 170 cm (+4 kg)
	MEN	Senior	up to180 cm (+6 kg)
			Over 180 cm (+8 kg)
			up to 165 cm
	WOMEN	Senior	over 165 cm
			up to 160 cm
MODEL PHYSIQUE	MONEN	Senior	up to 165 cm
	WOMEN	Senior	up to 170 cm
			over 170 cm
			Upto and incl. 170 cm
SPORT PYHSIQUE	MEN	Senior	Upto and incl. 180 cm
			Over 180 cm
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WBPF WORLD BODYBUILDING AND PHYSIQUE SPORTS CHAMPIONSHIPS

FOR MEN AND WOMEN & ANNUAL CONGRESS

Participation Rules

- a. Country with less than two (2) competitors only one (1) official will be allowed to pay the official registration fee;
- b. Country with three (3) and above competitors two (2) officials will be allowed to pay the official registration fee;
- c. Country participating with woman athletes may send one (1) extra female official and she need to pay only the official registration fee
- d. Official or any other guests requesting for a single room have to pay the difference levied by the Organizer based on the Supporters Rates published herein.

IMPORTANT NOTICE!

A country that exceed the above quota will have to pay for their official the supporters fees.

Preliminary Entry And Final Entry

Please co-operate and submit your entry forms in time as per the closing dates shown in the forms. You are kindly requested to c.c. one copy to the WBPF Secretariat by email at: wbpfsecretary@yahoo.com and ibbf_mumbai@yahoo.in

Doping

Doping will be conducted by the WBPF Anti-Doping Committee in collaboration with National Anti-Doping Agency (NADA), New Delhi.

National Anthem/national Flag

- a. You must provide two (2) National Flags of your country. The flags must be manufactured of dense silk and must measure no more than 2,5 meters x 1,5 meters.
- b. You must also provide your National Anthem (shortened version) on CD. Video or cassette not acceptable!

Posing Music

Posing music must be on CD only and produced with good quality. The music should be cued from the start of the CD. Each competitor must affix his/her name on the CD for easy identification. THE USE OF PROFANE, VULGAR OR OFFENSIVE LANGUAGE IN POSING MUSIC IS PROHIBITED!

Visa

Please consult the Indian Embassy in your country to determine if you need a visa. Upon request an official invitation letter shall be signed and issued by the IBBF. It is to be noted that the Visa Administration process differs from Country to country and hence kindly apply well in advance. If you need any help for visa administration, please send the scanned copy of your passport to WBPF and IBBF and please ensure that it is valid more than 6 months

Last minute request will not be entertained by the IBBF.

(Courier Charges for the official IBBF Invitation letter will be levied upon the invitee country and at the time of registration will be charged with the registration fee)

Electrical Current

The electrical current is 220 Voltage.

Language

Official Language in India is Hindi. English, Hindi and Marathi (the local language) is widely spoken in hotels, restaurants, shopping centres and tourist areas in Mumbai.



Tentative Daily Program

4th December, 2014: Thursday

Arrival of the Executive Committee members of WBPF.

From 12.00 PM	:	Check-in in the respective Hotels.
12.00 noon - 2.00 PM	:	Those that arrive early, will be provided lunch in the Hotel from 12.00
		noon to 2.00 PM
8.00 PM - 10.00 PM	:	Dinner for all will be served at the Hotel.

5th December Friday

Arrival of all participating teams, officials together with WBPF Standing Sub-Committee members.					
From 12.00 PM	:	Check-in in the respective Hotels.			
12.00 noon - 2.00 PM	:	Those that arrive early, will be provided lunch in the Hotel from 12.00			
		noon to 2.00 PM			
6.00 PM	:	WBPF Executive Council Meeting at the Hotel The Leela.			
8.00 PM - 10.00 PM	:	Dinner for all will be served at their respective Hotels.			
		For athletes always special diet food will be served!			
8.00 PM - 10.00 PM	:	Special Dinner only for the WBPF Executive members at Hotel The Leela.			

6th December Saturday

7.00 AM - 9.00 AM	:	Breakfast for officials and athletes
9.00 AM - 10 AM	:	Team Managers Meeting at the Hotel The Leela.
10.00 AM - 11 AM	:	Judges Meeting at the Hotel The Leela.
11.30 AM – 2 PM	:	WBPF Annual Congress at the Hotel The Leela.
12.00 noon - 3.00 PM	:	Lunch for all officials and athletes at their respective Hotels.
4.00 PM	:	Weigh In of all Body Weight Categories and Height Measurements and
		Checking of Age Groups at the Hotel Grand Sarovar Premiere.
6.00 PM - 9.00 PM	:	Dinner for officials and athletes at their respective Hotels.

7TH DECEMBER SUNDAY

ip venue.
-
and finals.

8TH DECEMBER (MONDAY)

6.00 AM - 9 AM	:	, Breakfast for officials and athletes
8.00 AM	:	Buses will depart from their respective Hotels to the championship venue.
		Lunch will be provided at the venue (packet lunch).
10.00 AM	:	Pre-judging and finals.
8.00 PM - 10.00 PM	:	Dinner for officials and athletes at their respective Hotels.

9TH NOVEMBER (TUESDAY)

6.00 AM - 9 AM	:	Breakfast for officials and athletes
8.00 AM	:	Buses will depart from their respective Hotels to the championship venue.
		Lunch will be provided at the venue (packet lunch).
10.00 AM	:	Pre-judging.
05.00 PM	:	Closing Ceremony & Final Prize Distribution
9.00 PM	:	Farewell Party for all the Athletes, Officials, Delegate & Supporters.

10TH DECEMBER (WEDNESDAY)

7.00 - 10.00 AM : Breakfast for officials and athletes

Address of the IBBF Secretariat

Indian Body Builders Federation, C/o. Pathare Gymco, 280/A, Jawalkar Mansion, Dr. B. A. Road, Parel, Mumbai 400 012. Maharashtra, India



Contact : Mr Chetan Pathare, General Secretary +91 9967971970 +91 7506267970

Mr Chetan Patnare, General Secretary +91 9967971970, +91 7506267970 Mr. Vikram Rothe, Organizing Secretary + 91 9821244090, +91 9819055000 WBPF WORLD BODYBUILDING

AND PHYSIQUE SPORTS CHAMPIONSHIPS FOR MEN AND WOMEN & ANNUAL CONGRESS 5th – 10th December, 2014 Mumbai, India

PRELIMINARY ENTRY FORM

to be returned to the Organizing Committee as soon as possible but not later than 15th of September, 2014

FEDERATION CONTACT PERSON: FAX NUMBER: EMAIL: Our Federation is planning to participate in the 6 th World Bodybuilding and Physique Sports Championships and Annual Congress in India from 5 th – 10 th of December 2014. PLEASE INDICATE "YES" or "NO" YES NUMBER OF DELEGATES: NUMBER OF DELEGATES: NUMBER OF EXTRA DELEGATE AND SUPPORTERS: A. World Senior Men's Bodybuilding Championships will include the following 10 weight categories: I. Up to 55 kg II. Up to 60 kg III. Up to 70 kg V. Up to 75 kg VII. Up to 80 kg VIII. Up to 90 kg IX. UP to 100 kg				
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I. Up to 55 kg II. Up to 60 kg III. Up to 65 kg IV. Up to 70 kg V. Up to 75 kg VI. Up to 80 kg VII. Up to 85 kg VIII. Up to 90 kg				
II. Up to 60 kg III. Up to 65 kg IV. Up to 70 kg V. Up to 75 kg VI. Up to 80 kg VII. Up to 85 kg VIII. Up to 90 kg				
III. Up to 65 kg IV. Up to 70 kg V. Up to 75 kg VI. Up to 80 kg VII. Up to 85 kg VIII. Up to 90 kg				
IV. Up to 70 kg V. Up to 75 kg VI. Up to 80 kg VII. Up to 85 kg VIII. Up to 90 kg				
 V. Up to 75 kg VI. Up to 80 kg VII. Up to 85 kg VIII. Up to 90 kg 				
VI. Up to 80 kg VII. Up to 85 kg VIII. Up to 90 kg				
VII. Up to 85 kg VIII. Up to 90 kg				
VIII. Up to 90 kg				
IX Un to 100 kg				
X. Over 100 kg				
B. World Senior Men's Athletes Physique Championships will include the following 4				
categories:				
I. Up to 160 cm (+1 kg)				
II. Up to 170 cm (+4 kg)				
III. Up to 180 cm (+6 kg)				
IV. Over 180 cm (+ 8 kg)				
C. World Junior Men's Bodybuilding Championships will include the following 2 weight				
categories: (21 years and under)				
I. Up to 70 kg				
II. Above 70 kg				
D. World Master Men's Bodybuilding Championships will include the following 2				
categories:				
I. Age 50 – 59 years				
II. Age 60 years and above				
E. World Senior Men's Fitness Physique Championships will include the following				
2categories:				
I. Up to 170 cm II. Over 170 cm				



F. World Senior Women's Bodybuilding Championships will include the following 1							
categories:							
I. Up to 55 kg							
II. Over 55 kg							
G. World Senior Women's Fitness Championships will include the following 2 categories:							
I. Up to 165 cm							
ll. Over 165 cm							
H. World Junior Women's Fitness Championships will include the following 1 category:							
I. Open Catagory							
I. World Senior Women's Model Physique Championships will include the following 4							
categories:							
I. Up to 160 cm							
II. Up to 165 cm							
III. Up to 170 cm							
IV. Over 170 cm							
J. World Mens Sports Physique Championships will include the following 2 categories:							
I. Up to 170 cm (Max Body Weight 68 kg)							
II. Over 165 cm (Max Body Weight 78 kg)							
K. World Senior Women's Athletic Physique Championships will include the following							
2categories:							
I. Up to 165 cm							
II. Over 165 cm							

IMPORTANT:

1. Any National Federation officials who do not meet the official delegate criteria as stipulated below in 2) and 3) will be responsible for all their own expenses incurred under the extra delegate package.

2. National Federation with up to two (2) participating athletes will be permitted to register only one(1)official delegate.

3. National Federation with three (3) or more participating athletes will be permitted to register only two (2)official delegates.

4. Participating National Federations with women athletes may send one (1) extra female official and she need to pay only the official registration fee.

PLEASE RETURN THE PRELIMINARY ENTRY FORM NO LATER THAN <u>15th of September, 2014</u> to:

Attn: Mr. Chetan M. Pathare General Secretary Indian Body Builders Federation Pathare Gymco, 280/A Javalkar Mansion, Dr. B.A. Road, Parel, Mumbai-400 12 Maharashtra. India Mobile : +91 9967971970 +91 7506267970 Email : ibbf_mumbai@yahoo.in

Please copy all corespondence to Attn: **Datuk Paul Chua Secretary General – ABBF & WBPF** 35 Tannery Road, Tannery Block, #04-01 Ruby Industrial Complex, Singapore 347740 Tel: (+65) 6748-6970 Mobile: (+65) 96163203/(+65) 9645-5466 Fax: (+65) 6747-9846 Email: wbpfsecretary@yahoo.com



WBPF WORLD BODYBUILDING

AND PHYSIQUE SPORTS CHAMPIONSHIPS FOR MEN AND WOMEN & ANNUAL CONGRESS 5th – 10th December, 2014 Mumbai, India

FINAL ENTRY FORM

6th WBPF WORLD CHAMPIONSHIP Mumbai, India 05th - 10th of December, 2014

In order to assist in the planning and organization of theses championships, please complete the Entry Form and return it to the Organizing committee <u>AS</u> <u>SOON AS POSSIBLE, BUT NO LATER THAN 25th OCTOBER, 2014</u>

PLEASE TYPE IN CAPITAL FONT

FEDERATION NAME:	
FAX:	E-MAIL:
1st DELEGATE :	PASSPORT_NUMBER:
2nd DELEGATE:	PASSPORT_NUMBER:

PRII	NCIPLES	AGE	CATEGORY	ATHLETES NAME	PASSPORT NO.
		Up to 70 kg	A B		
		Junior	ABOVE 70 kg	Α	
			B A		
	Maatava	50-60 yr	В		
	Masters	Over 60 yr	Α		
				B A	
			Up to 55 kg	В	
(7)		Up to 60 kg	A		
NIC	DING			B A	
BODYBUILDING WEN	Senior	Up to 65 kg	В		
		Up to 70 kg	AB		
		Up to 75 kg	A		
			В		
		Up to 80 kg	A B		
		Up to 85 kg	A		
			B		
		Up to 90 kg	A B		
		Up to 100 kg	Α		
				B A	
			Over 100 kg	B	



WBPF WORLD BODYBUILDING

AND PHYSIQUE SPORTS CHAMPIONSHIPS FOR MEN AND WOMEN & ANNUAL CONGRESS

5th – 10th December, 2014 Mumbai, India

		-			
	WOMEN	Senior	Up to 55 kg	Α	
				В	
			Over 55 kg	Α	
				В	
	MEN	SENIOR	Up to 170 cm	Α	
Ш				В	
ð			Over 170 cm	Α	
ΧS				В	
FITNESS PHYSIQUE	WOMEN	JUNIOR	Open Catagory	Α	
S.				В	
ES		SENIOR	Up to 165 cm	Α	
N F				В	
E			Over 165 cm	Α	
				В	
			Up to 160 cm	Α	
			(+1 kg)	В	
I III			Up to 170 cm	Α	
DIQ	MEN	SENIOR	(+4 kg)	В	
lγs		SENIOR	Up to 180 cm	Α	
Н			(+6 kg)	В	
АТНLЕТІС РНҮЅІQUE			Over 180 cm	Α	
ET			(+8 kg)	В	
E E	WOMEN	SENIOR	Up to 165 cm	Α	
AT				В	
			Over 165 cm	Α	
				В	
ш	WOMEN	SENIOR	Up to 160 cm	Α	
οn				В	
IS			Up to 165 cm	Α	
Η				В	
			Up to 170 cm	Α	
DEL				В	
морег рнузгди			Over 170 cm	Α	
Σ				В	
	MEN	SENIOR	Upto to 170	Α	
S. UE			cm Max. Bodyweight		
RT			68 kg	В	
PO YS:			Over to 170	Α	
SPORTS PHYSIQUE			cm Max. Rodywoight		
			Bodyweight 78 kg	В	
	I	1			·]



WBPF WORLD BODYBUILDING AND PHYSIQUE SPORTS CHAMPIONSHIPS

FOR MEN AND WOMEN & ANNUAL CONGRESS

5th – 10th December, 2014 Mumbai, India

JUDGE	PASSPORT NO			
JUDGE	PASSPORT NO			
TEST JUDGE	PASSPORT NO			
TEST JUDGE	PASSPORT NO			
*PLEASE INDICATE THE NAME AS WRITTEN IN TH	E PASSPORT AND THE PASSPORT NUMBER			
NUMBER OF EXTRA DELEGATES & SUPPORTERS:				
NAME	PASSPORT NO			
NAME	PASSPORT NO			
NAME	PASSPORT NO			
ARRIVAL DATE, TIME & FLIGHT NO.: DEPARTURE DATE, TIME & FLIGHT NO.:				

Please be advised that there will be thirty (33) categories at theses Championships.

PLEASE RETURN THE FINAL ENTRY FORM ALONG WITH PASSPORT COPIES AND PASSPORT SIZE COLOR PHOTOGRAPH, CONFIRMING YOUR PARTICIPATION WITH NAMES OF ALL PARTICIPANTS (DELEGATES, ATHLETES, SUPPORTERS, ETC.), NO LATER THAN 25th OCTOBER, 2014.

Please send the Final Entry Form to:

Attn: **Mr. Chetan M. Pathare General Secretary Indian Body Builders Federation** Pathare Gymco, 280/A Javalkar Mansion, Dr. B.A. Road, Parel, Mumbai-400 12 Maharashtra. India Mobile : +91 9967971970 +91 7506267970 Email : ibbf_mumbai@yahoo.in

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AND PHYSIQUE SPORTS CHAMPIONSHIPS

FOR MEN AND WOMEN & ANNUAL CONGRESS

5th – 10th December, 2014 Mumbai, India

MEDIA ACCREDITATION FORM

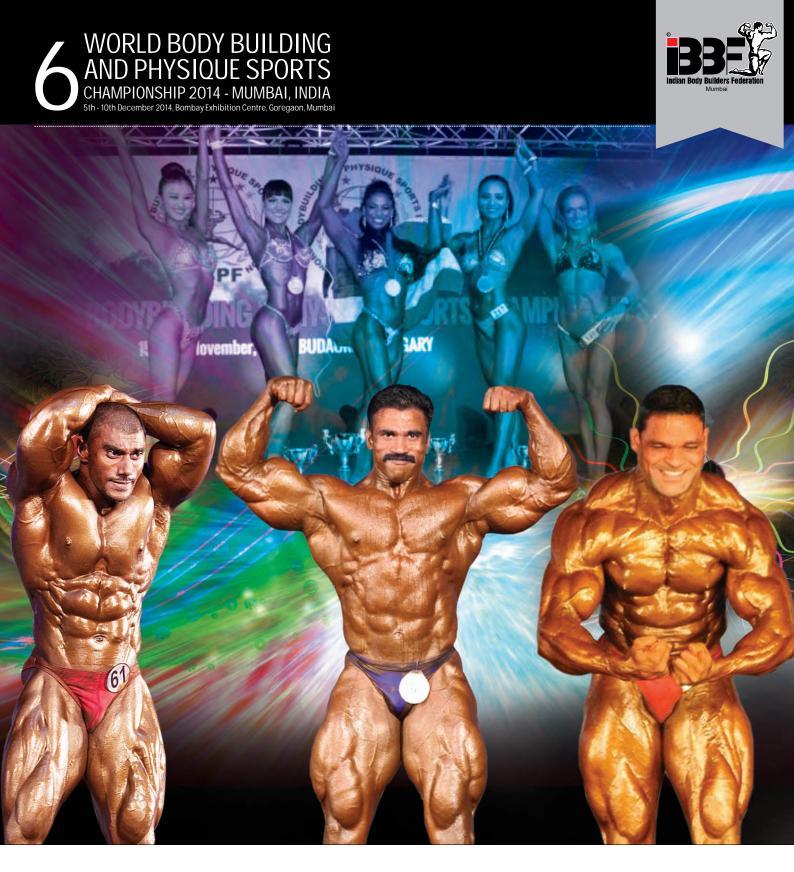
FAMILY NAME:
NATIONALITY:
SEX (M/F):
JOB TITLE:
MEDIA ORGANISATION:
PASSPORT NO:
PROFESSIONAL CARD NO:

Duties to be performed in the Championships (please specify)

JOURNALIST	VIDEO CAMERA PERSON	PHOTOGRAPHIC CAMERA PERSON	TECHNICIAN	OTHER Please specify

CONTACT ADDRESS:
TELEPHONES:
FAX :
EMAIL:
TIME AND DATE OF ARRIVAL:
DATE AND SIGNATURE OF APPLICANT:
FOR OFFICE USE ONLY .







Correspondence Address : Pathare Gymco, 280/A, Javalkar Mansion, Dr. B. A. Road, Parel, Mumbai-400 012 Maharashtra. Mobile : +91 9967971970 / +91 7506267970. Email : ibbf_mumbai@yahoo.in Website: www.ibbf.in